



# ANCHORS UP

SAILING SINGLES OF SOUTHWEST FLORIDA

www.sailing-singles.net | January 2012 Newsletter



*May 2012 bring fair winds  
and many sails!*



## Who's Who

Commodore:	Ann Lieberman
Vice Commodore:	Joan Kachel
Secretary:	Joy Hanson
Treasurer:	Judy Kearley
Directors:	George Cuic Dan Bullard
Membership:	Shannon Sykes
Cruise Committee	Mary Burch
Spokesperson:	Deena Kirkey
Telephone:	Martha Robinson
Newsletter Editor:	Sonia Raymond
Website Editor:	Shannon Sykes
Heads Up:	Ann Lieberman
Program Coordinator:	
Social Chairman:	Gib Strasburg
Publicity Coordinator:	Jocelyn Erickson

## Captains

Mary Burch  
George Cuic  
Tom Edleman  
Deena Kirksey  
Sonia Raymond  
Clarence Yahn

## CALENDAR

### JAN 6

TGIF at 5pm  
Bahama Breeze  
around the Fire Pit

### JAN 7

Skills Training Class 10am  
Meet at Pincher's Crab Shack Parking  
Lot on the south end of Boardwalk  
Caper and Mary will meet you there.

### JAN 11

Board Meeting 7pm at  
Boardwalk Caper.  
Contact Mary for gate code.  
Members welcome

### JAN 13 & 14th SAILING

**DESTINATION: NAPLES**

This will depend on weather conditions  
and wind direction. Course may  
change accordingly. Sign up early by  
calling Mary or there will be a sign up  
sheet at the TGIF at Bahama Breeze.

### JAN 19

Membership Meeting 7pm  
Bonita Bills

### JAN 28 & 29th DAY SAILS

Destination: Captain's Choice

*Check the website and watch  
"Heads Up" for additional outings.*

## BIRTHDAYS

### JAN 4

Martha Robinson

### JAN 7

Jocelyn Erickson

### JAN 30

Dan Bullard

**Seafaring Superstition:** *Don't cut your  
fingernails or hair while under way. A bad storm  
will follow. Also, if you cut your hair during a  
rising tide, you'll catch a cold.*



## Commodore's Corner [Ann Lieberman]



**BEST WISHES FOR A YEAR FILLED WITH PEACE, HAPPINESS, AND GOOD HEALTH...**

December was a busy month what with social activities, a boat parade, and sailing. December 10th and 11th did see many SSC members sailing either day or both days. Seven boats went out over the

two day period. Articles written by our members tell about the adventures that can be found throughout Anchors Up. Enjoy!

Thank you, Joanie, for all your hard work to make the Christmas party extra special and also to

Clarence for opening your home to club members on Christmas day and Joy for cooking the turkey. I don't want to leave out Ed for taking such great pictures and making a smilebox of both the FMB boat parade and the Christmas party and also to Bob W. and his decorating helpers for decking out Bright Star for the boat parade. Jan's help was much appreciated in the kitchen that day.

Now that January is here we will be back to our regular schedule with the board meeting on the 11th and the membership meeting on the 19th. Come early to the membership meeting to eat and socialize.

Fair winds and smooth sailing to all.

*Ann*

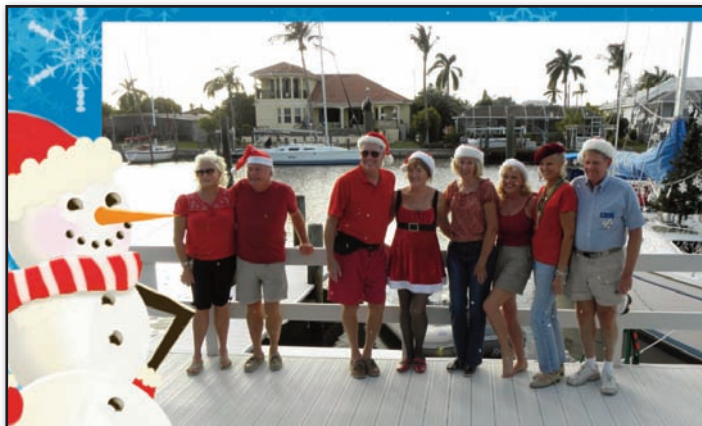
## Holiday Happenings

**FORT MYERS CHRISTMAS BOAT PARADE!** What Fun! We worked, Played, Lunched & Munched our way through a happy day followed by a magical evening.

Santa caps off to our captain & host Mary Burch. New and long time members became friends as all contributed. Ed on camera, Bob, Diane, Mary & many of Santa's helpers adorned Bright Star with Flying Reindeer & Twinkling Rigging. Powered by Generator George we were sure to light up the night sky!

Thanks to Ken and the shuttle team the party was in full swing by 1:00pm.

Stories, laughter & culinary creations flowed all afternoon. Our 5:00pm departure arrived before we knew it. We scrambled into festive gear, and with Jingle bell's in hand happy sailors boarded Bright Star for a Holiday



Adventure.

As boats assembled behind Parrot Key, the evening sky darkened and glowing visions began to appear. Flying dolphin, Santa's sleigh,

Mermaids Dancing on Water & Shining Stars over a Glowing Major. Christmas joy had gathered all around us.

Santa Bob, Captain Mary and our singing, jingling crew sailed along crowded filled boardwalk's and canal's.

Spectators squealed with laughter as Bob HO HO HOED his Merry Christmas greeting to all !

Can you have too much fun??? Not us !!!

All aboard opped to party the night away at The Big Game. With Bob and Mary taking turns at the helm we were dockside at Parrot Key in no time.

Adult Beverages, Yummy

Munchies & Goody Bags does it get better than this?? YES ! "Bright Star" " Bright Star" "can we get the Captain and crew of Bright Star to the awards stage" came the announcement. Lost in fun we finally realized we had won second place in the Fort Myers Christmas Boat Parade!!

Thanks for Including This Newbie In your wonderful event and to Mary the brightest star of all ~Merry Christmas, Joan

### **CHRISTMAS PARTY AT SANDY PARROT**

Sailing Singles club had a blast! The Dazzling "Del Reys from Jersey" thrilled S/S/C members at the Christmas dinner dance, held at Sandy Parrot on the 17th. We could have danced all night – AND WE DID!

Clarence even danced out of his right shoe and duck taped it together so he could finish his dance with yours truly. Thank you gentlemen for tripping the light fantastic with us ladies! You made it fun for all of us!

The hors d'oeuvres were scrumptious, and various dinner selections were enjoyed by all. Some of our past members surprised us by showing up! It was good to see them again.

S/S/C treated members to cute "cozies" and model

"lighthouses", which were presented by Commodore Ann. Now let's sail into 2012 with gusto.

Jocelyn Erickson

### **CHRISTMAS AT CLARENCE'S HOUSE**

On a bright, sunny Christmas Day about 25 members of the Sailing Singles Club came together for dinner and conversation. Joy Hanson, chef for the day was slaving away in the galley cooking the turkey. There was a wide variety of snacks and munchies to keep everyone happy.

Mary Burch arrived in her boat "Bright Star" with three crew members. Word has it that Bright Star went aground at the mouth of Clarence's canal. But a kind boater towed her into deeper water. Around 4 o'clock the hungry sailors lined up to fill their plates with turkey and the many delicious sidedishes.

Afterward was the gift exchange which brought forth an unusual array of presents. A long-time member, Lois Polaski-Mule (in her young 90's) and her husband, Andrew enjoyed dinner with the group.

A big Thank you to Clarence for hosting this year's Christmas dinner, and to Joy for cooking the turkey and overseeing the kitchen.

Happy New Year everyone!

## **Crews News** {Mary Burch}

Thank you to all who contributed the great dishes for our afternoon feast. Christmas Boat Parade: On behalf of the club and its members, I would like to thank Bob Weisman for being the boat decoration chairman this year. He did a great job and made it possible for us to win second place in the sailboat category. Our thanks also to all members who helped Bob by contributing their talents to make our boat so pretty.

Our winner's plaque is being made and will be available at our next membership meeting for all to see. My personal thanks also to Jan Hladik and her crew for manning the kitchen.

There has been some confusion about the impromptu sails - especially for new members. We have two "Club Sails" per month. Members "sign Up" to participate, usually at TGIF or Membership

Meetings on the 3rd Thursday of each month. Members can also call Mary Burch, the Cruise Chairman, to get on the list.

Impromptu Sails - Last minute sails at any time during the month in which a captain decides a day or so before sailing that he/she would like to take his/her boat out and needs crew. Winds can sometimes become favorable during the week when no sails are scheduled, so we have developed an "Impromptu Sail List" for each captain to use when these days occur and he/she needs crew.

If any member is available during the week to go on one of these sails, he/she can sign up to be on the captains "Impromptu Sail List", so that he/she maybe called.

If you have not sign up for this list and wish t be added, please call Mary and specify what days you

## Crews News {Cont'd}

would be available. The lists will be finalized and given to the captains the first part of January. It is a great opportunity to learn new skills and practice them.

**SAILING SKILLS CLASS:** Saturday, January 7, 10am. Boardwalk Caper, meet at Pincher's Crab

Shack parking lot and Mary will be there. Class will be held on the dock and on "Bright Star".

Be on time.

Wear white rubber soled shoes and appropriate outdoor jackets. We will meet in Mary's Condo if it rains. If you have not signed up, it's ok, come anyway. Questions, call Mary Burch.

## News & Notes

■ **New Members:** Remember give a warm welcome to new member(s).

■ **From Jocelyn:** If any of you see my articles in any of the newspapers, clip and save for me.

### *This month's internet news you can use:*

Take an Online Boating Course  
Haven't tried it yet?

It's time to brush up on your boating and safety skills, and doing it online is easy and free.

[www.BoatUS.org/onlinecourse](http://www.BoatUS.org/onlinecourse)

[www.BoatUs.com/games](http://www.BoatUs.com/games)

A new website: [www.Boatsafe.com](http://www.Boatsafe.com)

Has boat safety, boating courses, articles, ships store and boating quizzes. Take a look!

## Historical Facts:

It's not a map, it's called a nautical chart. Charts are the opposite of road maps. A road map shows you where you can go; charts show you where you cannot go. Most charts are in nautical miles. A nautical mile is

6,076 feet and a statute mile is 5,280 feet. On every chart is a compass rose. It has two rings, the outside ring denotes true cardinal directions while the smaller ring denotes magnetic cardinal directions. Charts are in color: White designates deep, safe water, blue, shallow water; and green, tidal water at high tide. Gold or tan shows dry land. Ask the Captain to show you a chart of the local waters. There is much more information on a chart which we will discuss in the next Newsletter.

Go to these websites for a fun way to learn to tie knots with animated illustrations:

[www.animatedknots.com](http://www.animatedknots.com)

[www.Netknots.com](http://www.Netknots.com)

## Weather Lore:

A red sky in the morning, indicates that the dry air has moved east and rain may be coming. "Red Sky at morn, sailor's take warning"

## Wherever the Wind Takes Us [Ken Partridge]

Our club's newest member, Capt. Redeye (Bob Martschinske) waited patiently on Sunday morn, the 11th of December as his crew assembled to assist him in getting his 34' Gemini Cat out to sea. At approximately 11:30am the cat motored west from Nervous Nellie's dock, through the channel markers and then headed south under a partly sunny sky with a good wind and a happy crew consisting of Mary

Burch, Joanie Kachel, Ann Lieberman, Charlene McGill, Johnny Kalisik, Ken Plourde (Ken 2) and yours truly, Ken Partridge (Ken 3).

Destination: "Wherever the wind takes us" said Capt. Redeye, when asked.

Following our initial excitement (well, maybe just mine, since it was my first sail as part of a crew) we (I) settled down and experienced smooth sailing as

## Wherever the Wind Takes Us .cont'd

we passed familiar scenery on Fort Myers Beach, Lover's Key, Bonita Springs and approached North Naples.

Every person on board had the opportunity to work the lines and sheets and took his or her turn at the helm. Joanie was the first crew member to take the wheel and responded well to the Captain's Socratic method of teaching in reversing our course and headed us away from the rain to the south. Everyone of us successfully executed the course homeward, keeping the cat at a 60 degree angle into the wind; except for Charlene who went for the gold and had us sailing at a 90 degree angle with winds escalating to

16 knots. A light rain finally caught up to us, but never posed a problem.

Capt. Redeye took over the wheel again as we approached our home port, and guided the cat to it's berth with skill and ease at approximately 5:30pm. We then infiltrated the 2nd floor of Nervous Nellie's and commenced to cheerfully socialize, heartily consume grog and vittles, and happily stabilize our sea legs.

All in all, it was a terrific day; complete with important tips and sail building skills thanks to our more experienced crew and attentive Captain, and an enjoyable socializing experience. Many thanks and best wishes to all participants. ~ Ken Partridge

## A Sailor's Dictionary [Capt. Bob Weisman]



**SAIL TRIM:** Whatever point of sail you are on, it's important to trim your sails as cleanly as possible. A proper shape is as similar to an airplane wing as you can get the sail. In order to accomplish this we have several controls. On the stay sail, there is the halyard, the leech line, and the sheet traveler block.

On the main, there's the halyard and/or the downhaul (or cunningham), the outhaul, the leech line, the mainsheet, the traveler, and (if you have it) the backstay adjuster. Each point of sail and different wind and sea condition require different trimming, but rather try to memorize what position each control should be in, you should learn the proper shape the sail should be and what to do with each control in order to produce that shape.

I like to say at this point in my sailing lessons that the stay sail is a lifting sail and the main is a driving sail while the boat is on a reach, but when on a run, everything is reversed because the sails are not acting as airfoils but rather reverse airfoils and the

staysail becomes a driving sail and the main becomes a lifting sail. Because of this, the controls are also used in the opposite way (rather than tightening the sheets to go faster, you ease them out, etc).

The main sheet controls the amount off center the boom lies. The outhaul controls the amount of draft in the bottom of the sail. The backstay adjuster controls the mast bend and thus the flatness of the sail. The traveler controls the twist of the sail. The leech line takes the flutter out of the leech of the sail. And the downhaul (or cunningham, or the halyard) controls the position of the draft.

On the staysail, the sheet traveler block position controls the draft of the sail and at the same time it's twist. The sheets control the position of the sail relative to the wind (or boat).

*Next month I'll go into the mechanics of operating the controls to get that clean sail shape that make sailing not only faster but also much easier and safer.*

**Want ad: SAILING lessons! 50% discount to club members. Call Capt. Bob Weisman**

4811 SW 8th Pl  
Cape Coral, FL  
33914



**Kids and the Ocean:** Some fish are dangerous, Jellyfish can sting.

Electric eels can give you a shock. They have to live in caves under the sea where I think they have to plug themselves in to chargers. Chris – age 7